

UCSF Osher Center for Integrative Medicine

Mindfulness-Based Stress Reduction (MBSR) Registration Form

HOW TO REGISTER

Online or via phone (credit card only):

Visit <http://www.osher.ucsf.edu> and click on Public Programs; or call 415.353.7718

In person or by mail:

We accept Visa, Mastercard, or checks payable to UC Regents. Do not send cash. A receipt will be mailed to you. Drop off or mail this form to: Class Registration, UCSF Osher Center for Integrative Medicine, 1545 Divisadero St., 4th Floor, San Francisco, CA 94115

PARTICIPANT INFORMATION

First Name _____ Last Name _____ MI _____ DOB _____ Sex _____

Address _____ City, State, Zip _____

Phone: Home () _____ Work () _____ Mobile () _____

Email address _____ Would you like to join our email list and receive monthly updates about upcoming classes and events? Yes No

How did you hear about this class? _____

Are you affiliated with UCSF? (Circle one.) UCSF Faculty UCSF Student UCSF Staff UCSF Alumni General Public

If you work at UCSF: UCSF Box _____ Department _____ Employee ID: _____

CME Units: If you would like Continuing Medical Education (CME) units for an additional \$125, please list your degree and specialty: _____

CLASS SELECTION

Mindfulness-Based Stress Reduction Info Session Date: _____ Class Dates: _____

FORM OF PAYMENT

Please read the Payment/Refund Policy on reverse. Submitting a payment means you have read and agree with the policy.

Total Amount _____

Fee: \$365 (\$330* Tuition plus \$35** Materials)

*10% discount on class, not materials, if UCSF Faculty/Staff/Student/Intern/Resident/Post-doc.

*20% discount on class, not materials, if Osher MBSR alumni.

**If you already own the book "Full Catastrophe Living", take \$16 off the materials fee.

For CME credit, add \$125.

If paying by check, please make payable to **UC Regents**. If paying by credit card, complete the following:

Visa Mastercard Card Number _____ Exp. Date _____

Card holder's signature _____ Name as it appears on card: _____

Please see back for Payment/Refund Policy and details on CME accreditation

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PAYMENT/REFUND POLICY

- Checks must be pre-printed, drawn on a California bank, and must include complete address, telephone, and driver's license #.
- Returned check fee is \$25.
- A refund or transfer to another class minus \$25 processing fee if withdrawal is prior to interview.
- Withdraw after interview: Refund minus \$50 will be given.
- Withdraw after first class: Refund minus \$100 will be given.
- Withdraw after second class: Refund minus \$150 will be given.
- NO refunds will be given after third class.

CONTINUING MEDICAL EDUCATION (CME) ACCREDITATION: The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. UCSF designates this education activity for a maximum of 13 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity. The American Nurses Credentialing Center accepts AMA PRA Category 1 Credits™ issued by organizations accredited by the ACCME. This educational activity is recognized by the California Board of Psychology as meeting the continuing education requirements toward license renewal for California psychologists. California psychologists are responsible for reporting their continuing credit to MCEP. Psychologists from other states should check with their respective licensing board. This course meets the qualifications on an hour-for-hour basis of continuing education credit for MFTs and/or LCSWs (per AMA PRA Category 1 Credits™ for 13 credits) as required by the California Board of Behavioral Sciences. Approval No. PCE 1272.

Thank you for your interest in the UCSF Osher Center!