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| Patient: MRN: DOB: (Place UCSF Patient Label Here) |
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Reason For Visit (Check the box that states the main reason for your visit)

Nasal allergy symptoms
 Asthma
 Sinus problem
 Food allergy
 Medication allergy
 Hives and/or swelling
 Recurrent infections
 Other: (Please list)

Allergies

Are you allergic to any medication(s)?
 No
 Yes
 If yes, please list

| Medication(s): | Reaction: | Date of Reaction: |
|----------------|-----------|-------------------|
| _____ | _____ | _____ |
| _____ | _____ | _____ |

Pharmacy

Pharmacy Name:

Phone: _____ Fax: _____

Address:

Medications (Please list your medications below)

| Name of Medication | Strength/Dose | Directions (Times taken a day) |
|--------------------|---------------|--------------------------------|
| | | |
| | | |
| | | |
| | | |

Please attach a separate piece of paper for additional medications.

Past Medical History (List hospitalizations, serious illnesses, operations, and injuries beginning

| Past medical history | Month/year | Comments |
|----------------------|------------|----------|
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Past Medical History (including childhood):

Check if you ever had any of the following:

- Asthma
 Eczema
 Ear Infections
 Sinusitis
 Bronchitis
 Pneumonia
 Hives

Family History (List major family illnesses/diseases such as diabetes, heart disease, cancer, etc.)

| Relationship | Age (if alive) | Age of death | Health Problems |
|--------------|----------------|--------------|-----------------|
| Father | | | |
| Mother | | | |
| Brother | | | |
| Sister | | | |
| Child | | | |
| Child | | | |
| | | | |
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| | | | |
| | | | |

Comments (e.g. Adopted)

Alcohol Use

Do you drink alcohol? Yes No

If yes, answer the following questions

Drinks/week: _____ Glasses of wine
_____ Cans of beer
_____ Shots of liquor
_____ Drinks containing 0.5 oz. liquid not included above

Drug Use

Do you use any drugs such as marijuana, cocaine, stimulants or sedatives? Yes No

If yes, list types: _____

How many times per week do you use above drugs? _____

Have you ever injected any drugs? Yes No

Tobacco Use

Please check what type of exposure(s) you have had to tobacco:

Never smoked Former smoker Passive smoker (regular exposure)

Current every day smoker Current some days smoker

Types: Cigarettes Pipe Cigars Other: _____

Packs/Day: _____ Years: _____

Smokeless Tobacco: Snuff Chew

Date Quit: _____ Interested in quitting? Yes No

Sexual History:

Are you currently sexually active? Yes No

Partners (check all that apply): Male Female

Women only: What type of birth control do you use: _____ None

Employment

Occupation: _____

Retired: List year: _____ from work as: _____

Disabled: List Year: _____ by (describe): _____

Please check any illness, problems, or symptoms you have had in the past month

GENERAL SYMPTOMS

- Activity change
- Appetite change
- Chills
- Night sweats
- Fatigue/tiredness
- Fever
- Unexpected weight change

HEAD/EARS/NOSE/THROAT

- Congestion
- Dental problem
- Drooling
- Ear drainage
- Ear pain
- Facial swelling
- Hearing loss
- Mouth sores
- Nosebleeds
- Postnasal drip
- Runny nose
- Sinus pain
- Sinus pressure
- Sneezing
- Sore throat
- Ear ringing
- Trouble swallowing
- Voice change

EYES

- Eye discharge
- Eye itching
- Eye pain
- Eye redness
- Light sensitivity
- Change in vision

LUNGS/BREATHING

- Snoring
- Chest tightness
- Choking
- Cough
- Shortness of breath
- Noisy breathing
- Wheezing

HEART

- Chest pain
- Leg swelling
- Palpitations/abnormal heart beats

STOMACH/INTESTINE

- Stomach swelling
- Stomach pain
- Anal bleeding
- Blood in stool
- Constipation
- Diarrhea
- Nausea
- Rectal pain
- Vomiting

ENDOCRINE

- Cold intolerance
- Heat intolerance
- Excessive thirst
- Excessive hunger
- Frequent urination

GENITOURINARY

- Difficulty urinating
- Pain with urination
- Involuntary urination
- Flank pain/side pain
- Frequent urination
- Genital sores
- Blood in urine
- Urinary urgency
- Decreased urine

MUSCULAR

- Joint pain
- Back pain
- Abnormal gait/walking
- Joint swelling
- Muscle pain
- Neck pain
- Neck stiffness

SKIN

- Color change
- Pale skin color
- Rash
- Skin wounds/ulcers

ALLERGY/IMMUNOLOGY

- Environmental allergies
- Food allergies
- Abnormal immune system

NEUROLOGIC

- Dizziness
- Facial asymmetry
- Headaches
- Light-headed
- Numbness
- Seizures
- Speech problems
- Fainting
- Tremors/shaking
- Weakness

HEMATOLOGY

- Lymph node swelling
- Bruises/bleeds easily

MOOD/PSYCHIATRIC

- Agitation
- Behavior problem
- Confusion
- Difficulty concentrating
- Depression
- Hallucinations
- Hyperactive
- Nervous/anxious
- Self-injury
- Sleep problems
- Suicidal ideas

Please answer the following questions

In what season(s) do your symptoms worsen?

- Spring Summer Fall Winter All year

Have you ever had any previous allergy testing?

- No Yes, date: _____ Doctor: _____

Have you ever been on allergy shots/vaccines?

- No Yes, date started: _____ Date Started: _____

Did you feel that the allergy shots/vaccines worked? No Yes

Have you ever had any reactions to vaccines?

- No Yes, describe _____

Have you ever had any reactions to latex (gloves, balloons, condom, and diaphragm)?

- No Yes, describe _____

Have you ever had any insect sting or bite reactions?

- No Yes, describe _____

Have you ever had any food reactions?

- No Yes, describe _____

Environment

What kind of home do you live in?

- House Apartment Mobile home Other: _____

How old is your home? _____ years.

How long have you been living in your current residence? _____ years.

Please check all the boxes that describe your environment.

- Feather pillows Down comforter Carpet on bedroom floor Area rugs
 Dust proof mattress cover

Pets

- Cat(s) Dog(s) Other pets (list) _____

Air conditioning

- None Central Window

Humidifier

- None Central Single room unit

Type of heating

- Forced hot water Forced hot air Electric baseboard Space heater

Work environment

- Office Other, please describe _____
 Old Dusty Damp Visible mold