

Patient: _____

MRN: _____

DOB: _____
 (Place UCSF Patient Label Here)

Reason For Visit (Check the box that states the main reason for your visit)

Nasal allergy symptoms
 Asthma
 Sinus problem
 Food allergy
 Medication allergy
 Hives and/or swelling
 Recurrent infections
 Other: (Please list) _____

Allergies

Are you allergic to any medication(s)?
 No
 Yes
 If yes, please list

Medication(s):	Reaction:	Date of Reaction:
_____	_____	_____
_____	_____	_____

Pharmacy

Pharmacy Name: _____

Phone: _____ Fax: _____

Address: _____

Medications (Please list your medications below)

Name of Medication	Strength/Dose	Directions (Times taken a day)

Please attach a separate piece of paper for additional medications.

Past Medical History (List hospitalizations, serious illnesses, operations, and injuries beginning with your childhood and working forward in time)

Past medical history	Month/year	Comments

Past Medical History (including childhood):

Check if you ever had any of the following:

- Asthma
 Eczema
 Ear Infections
 Sinusitis
 Bronchitis
 Pneumonia
 Hives

Family History (List major family illnesses/diseases such as diabetes, heart disease, cancer, etc.)

Relationship	Age (if alive)	Age of death	Health Problems
Father			
Mother			
Brother			
Sister			
Child			
Child			

Comments (e.g. Adopted)

Alcohol Use

Do you drink alcohol? Yes No

If yes, answer the following questions

Drinks/week: _____ Glasses of wine
_____ Cans of beer
_____ Shots of liquor
_____ Drinks containing 0.5 oz. liquid not included above

Drug Use

Do you use any drugs such as marijuana, cocaine, stimulants or sedatives? Yes No

If yes, list types: _____

How many times per week do you use above drugs? _____

Have you ever injected any drugs? Yes No

Tobacco Use

Please check what type of exposure(s) you have had to tobacco:

Never smoked Former smoker Passive smoker (regular exposure)

Current every day smoker Current some days smoker

Types: Cigarettes Pipe Cigars Other: _____

Packs/Day: _____ Years: _____

Smokeless Tobacco: Snuff Chew

Date Quit: _____ Interested in quitting? Yes No

Sexual History:

Are you currently sexually active? Yes No

Partners (check all that apply): Male Female

Women only: What type of birth control do you use: _____ None

Employment

Occupation: _____

Retired: List year: _____ from work as: _____

Disabled: List Year: _____ by (describe): _____

Please check any illness, problems, or symptoms you have had in the past month

GENERAL SYMPTOMS

- Activity change
- Appetite change
- Chills
- Night sweats
- Fatigue/tiredness
- Fever
- Unexpected weight change

HEAD/EARS/NOSE/THROAT

- Congestion
- Dental problem
- Drooling
- Ear drainage
- Ear pain
- Facial swelling
- Hearing loss
- Mouth sores
- Nosebleeds
- Postnasal drip
- Runny nose
- Sinus pain
- Sinus pressure
- Sneezing
- Sore throat
- Ear ringing
- Trouble swallowing
- Voice change

EYES

- Eye discharge
- Eye itching
- Eye pain
- Eye redness
- Light sensitivity
- Change in vision

LUNGS/BREATHING

- Snoring
- Chest tightness
- Choking
- Cough
- Shortness of breath
- Noisy breathing
- Wheezing

HEART

- Chest pain
- Leg swelling
- Palpitations/abnormal heart beats

STOMACH/INTESTINE

- Stomach swelling
- Stomach pain
- Anal bleeding
- Blood in stool
- Constipation
- Diarrhea
- Nausea
- Rectal pain
- Vomiting

ENDOCRINE

- Cold intolerance
- Heat intolerance
- Excessive thirst
- Excessive hunger
- Frequent urination

GENITOURINARY

- Difficulty urinating
- Pain with urination
- Involuntary urination
- Flank pain/side pain
- Frequent urination
- Genital sores
- Blood in urine
- Urinary urgency
- Decreased urine

MUSCULAR

- Joint pain
- Back pain
- Abnormal gait/walking
- Joint swelling
- Muscle pain
- Neck pain
- Neck stiffness

SKIN

- Color change
- Pale skin color
- Rash
- Skin wounds/ulcers

ALLERGY/IMMUNOLOGY

- Environmental allergies
- Food allergies
- Abnormal immune system

NEUROLOGIC

- Dizziness
- Facial asymmetry
- Headaches
- Light-headed
- Numbness
- Seizures
- Speech problems
- Fainting
- Tremors/shaking
- Weakness

HEMATOLOGY

- Lymph node swelling
- Bruises/bleeds easily

MOOD/PSYCHIATRIC

- Agitation
- Behavior problem
- Confusion
- Difficulty concentrating
- Depression
- Hallucinations
- Hyperactive
- Nervous/anxious
- Self-injury
- Sleep problems
- Suicidal ideas

Please answer the following questions

In what season(s) do your symptoms worsen?

- Spring Summer Fall Winter All year

Have you ever had any previous allergy testing?

- No Yes, date: _____ Doctor: _____

Have you ever been on allergy shots/vaccines?

- No Yes, date started: _____ Date Started: _____

Did you feel that the allergy shots/vaccines worked? No Yes

Have you ever had any reactions to vaccines?

- No Yes, describe _____

Have you ever had any reactions to latex (gloves, balloons, condom, and diaphragm)?

- No Yes, describe _____

Have you ever had any insect sting or bite reactions?

- No Yes, describe _____

Have you ever had any food reactions?

- No Yes, describe _____

Environment

What kind of home do you live in?

- House Apartment Mobile home Other: _____

How old is your home? _____ years.

How long have you been living in your current residence? _____ years.

Please check all the boxes that describe your environment.

- Feather pillows Down comforter Carpet on bedroom floor Area rugs
 Dust proof mattress cover

Pets

- Cat(s) Dog(s) Other pets (list) _____

Air conditioning

- None Central Window

Humidifier

- None Central Single room unit

Type of heating

- Forced hot water Forced hot air Electric baseboard Space heater

Work environment

- Office Other, please describe _____
 Old Dusty Damp Visible mold