

UCSF Medical Center

UCSF Nutrition Counseling Clinic
 Phone: (415) 353-2291 Fax: (415) 353-2648

UNIT NUMBER

PT. NAME

BIRTHDATE

LOCATION

DATE

NUTRITIONAL REFERRAL FORM

(To be completed by referring physician)

Referring Physician	Patient
<p>Please put completed referral in Nutrition Mailbox at GMB, 4th Floor, 400 Parnassus.</p> <p>Or</p> <p>FAX referral to Nutrition Counseling Clinic: (415) 353-2648. If outside UCSF Medical Center, include relevant lab results.</p> <p>Note: ICD-9 code is required on all nutrition referrals</p> <p>Please note: If patient is insured by Brown & Toland, enter referral in BTC.A.R.E. in lieu of written referral.</p>	<ol style="list-style-type: none"> Contact your insurance to determine coverage for nutrition counseling. If necessary, obtain preauthorization for your visit. Call (415) 353-4174 to schedule your nutrition appointment. Bring this referral, signed by your MD, to your appointment or ask MD to send it directly to the Nutrition Counseling Clinic. <p>Note: If you have Brown & Toland insurance, you do not need this written referral form.</p>

Diagnosis for Nutrition Therapy (ICD-9 code is required for referral)

- | | | |
|---|---|--|
| <input type="checkbox"/> 250.00 Type 2 DM | <input type="checkbox"/> 401.1 HTN, essential | <input type="checkbox"/> 585.3 CKD, stage III (moderate) |
| <input type="checkbox"/> 250.01 Type 1 DM | <input type="checkbox"/> 428.0 CHF | <input type="checkbox"/> 585.4 CKD, stage IV (severe) |
| <input type="checkbox"/> 250.02 Type 2 DM, uncontrolled | <input type="checkbox"/> 530.81 GERD | <input type="checkbox"/> 585.5 CKD, stage V |
| <input type="checkbox"/> 250.03 Type 1 DM, uncontrolled | <input type="checkbox"/> 555.1 Crohn's Dz | <input type="checkbox"/> 585.9 CKD, unspecified |
| <input type="checkbox"/> 256.4 Polycystic Ovaries | <input type="checkbox"/> 556 Ulcerative Colitis | <input type="checkbox"/> 783.2 Abnormal Weight Loss |
| <input type="checkbox"/> 272.2 Hyperlipidemia, mixed | <input type="checkbox"/> 564.1 IBS | <input type="checkbox"/> 790.29 Pre-diabetes/hyperglycemia NOS |
| <input type="checkbox"/> 278.00 Obesity | <input type="checkbox"/> 577.1 Chronic Pancreatitis | <input type="checkbox"/> 042 HIV/AIDS |
| <input type="checkbox"/> 278.01 Morbid Obesity | <input type="checkbox"/> 579.0 Celiac Dz | |
| <input type="checkbox"/> 278.02 Overweight | | |
| <input type="checkbox"/> Other _____ | | |
- (include ICD-9 code)

Specific Service Requested (Required)

- Goals of nutrition therapy
- | | |
|---|---|
| <input type="checkbox"/> Weight loss | <input type="checkbox"/> Lipid management |
| <input type="checkbox"/> Weight gain | <input type="checkbox"/> DM management |
| <input type="checkbox"/> HTN management | |
| <input type="checkbox"/> Other _____ | |

List specific diet order, if applicable: _____

Exercise Restrictions? yes no Specify: _____

Physician Comments:

Referring MD (print) _____ (sign) _____ Provider # _____

Attending MD (print) _____ (sign) _____ Provider # _____

Clinic or Practice _____ Phone _____ Date of referral _____

This referral is valid for 180 days from date of referring MD's signature.

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