UCSF Helen Diller Family Comprehensive Cancer Center

# UCSF HEALTH RADIATION ONCOLOGY New Patient Roadmap for Treatment

## **To Schedule Your Initial Consultation**

Please fill in your New Patient Screening Form or, if you are a Prostate patient, please use the Prostate Screening Form. Both forms can be found on our <u>website</u> under Patient Materials. You may send your completed paperwork to RadOncNewPatient@ucsf.edu, fax to (415) 353-9883 or bring the complete forms with you to your new patient consultation. For more information contact us at the numbers below.

## The First Consult with Your Radiation Oncology Team

Check in at the reception desk and we will take a photo of you (from your shoulders up) that will be used to make your identification card. Most importantly at this visit, a UCSF faculty physician and a resident physician will consult with you for a few hours to evaluate your case, perform a physical and discuss potential treatment options with you.

## **Prep for Your Treatment**

Several days after the consultation, your radiation oncologist and a radiation therapist will conduct a treatment simulation. Together they will outline your exact treatment areas, take CT images and if necessary, create cradles or casts to ensure that you maintain your exact position during treatment.

## **Receive Your Identification Card**

At your simulation visit, you will receive an identification card that will allow for easy check-in for your treatments and radiation oncology appointments.

## **Come in for Treatment**

The actual treatments will start several days after the simulation. The number of treatments and the length of treatment will vary depending on your case. It is very important that you receive all of the treatments that your physician prescribes, even if you are feeling better.

## **Feeling During Treatments**

You will not be able to see or feel the radiation beam and there is no pain involved in the actual delivery of treatment. You will be the sole occupant in the treatment room for several minutes however you are not alone and will be in constant contact via television. During your treatment we encourage you to continue your usual daily activities.

## **Allocate Some Time**

Each treatment takes 30-45 minutes however, occasionally there may be unforeseen delays. Your patience and understanding are appreciated.



#### **Follow-up Appointments**

You will be scheduled for follow-up appointments and any subsequent radiology examinations. These will be scheduled at the reception area upon completion of your treatment, or your doctor's office will reach out to you directly.

## What to do if you have questions?

Call 415-353-7175

## If you have an urgent problem after hours, call 415-353-8900.

A physician is always available on call to help you at night or on weekends. In case of emergency, call 911. When you get to the hospital emergency room, be sure to let the emergency room staff know that you are currently receiving radiation at UCSF.

#### What are our locations?

Radiation Oncology at Mission Bay UCSF Precision Cancer Medicine Building 1825 Fourth St., First Floor, Room L1101 San Francisco, CA 94158 Main Phone: (415) 353-7175 Fax: (415) 353-9884

Radiation Oncology at Mount Zion 1600 Divisadero St., Basement Level San Francisco, CA 94115 Main Phone: (415) 353-7175 New Patient Appointments: (415) 353-9807 Fax: (415) 353-9884

Radiation Oncology at Parnassus 505 Parnassus Ave, Room L-75 San Francisco, CA 94143-0226 Main Phone: (415) 353-7175 New Patient Appointments: (415) 353-8335 Fax: (415) 353-7281