如何接收来自 UCSF Health的短信

您可以通过两种方式选择接收UCSF Health的短信。最简单的方式是发送"START"到48432以选择开始或继续接收UCSF Health的短信。

您也可以通过MyChart选择接收短信。按照以下简单的步骤操作即可开始。

1. 从MyChart菜单中,选择账户设置>通信偏好。

Your Menu 😽	UCSF Cancer Support Services		
Q Search the menu			
Search Medical Library		Account Settings	
Research Studies			
Education		Personal Information	
🔅 Learning Library			
📝 Clinic Locations		0 6 11 6 111	
Q MyChart Help Center Security Settings			
Affiliate Directory Affiliate Directory			
🖻 Benioff Children's Hospital Oakland Resources			
UCSF Cancer Support Services			
Account Settings		☆ Change Your Shortcuts	
Personal Information	-	~ ~	
🔒 Security Settings		Linked Apps and Devices	
🎸 Personalize			
☆ Change Your Shortcuts			
Linked Apps and Devices		Communication Preferences	
Communication Preferences			
Back to the Home Page		Back to the Home Page	

2. 在**短信**部分下点击**订阅**按钮。

Contact Information		Appointments Email, Text message, Push notification, Mail		~
hrstlastname@email.com ^{Mobile} phone 415-55-55555 Review contact information			Messages Email, Text message, Push notification	~
Settings			Health Email, Push notification	~
\bowtie	20 of 37 notifications turned on		Billing	~
Q,	Text message Image: Comparison of the second seco		Email, Text message, Push notification	_
1	You will not receive text messages You must subscribe to receive important text messages,		Questionnaires Push notification	~
	including the text message notifications you've enabled Subscribe		Account Management Email, Text message, Push notification	~
	Push notification 32 of 33 notifications turned on		Telehealth Email Text message Push polification	~
S	Phone of 1 notifications turned on			

更多 →



3. 查看管理短信订阅部分并同意条款和条件。

Manage Tex	t Subscriptions
	Mobile number 415-555-5555
	Message subscription
	Choose which text messages you would like to receive:
	Account, patient, and visit updates Messages will be sent from 48432
	Text messages related to your relationship with UCSF Health, including updates related to your visits, UCSF MyChart account, one-time passcode, billing notifications, prescription reminders, and care management will be sent to phone number above. Message and data rates may apply. Message frequency may vary. For help text HELP and text STOP to opt out of notifications from a specific short code. Please review terms and conditions and privacy policy below.
	Return to communication preferences

4. 确保**短信开关**已开启。

如何在MyChart中更新/验证通信偏好。

- 1. 从MyChart菜单中,选择账户设置 > 通信偏好。
- 2. 在**常规设置部分**,验证来自UCSF Health的通知已为您偏好的联系方法开启。(电子邮件、 短信、电话或邮寄)
- 3. 要查看通过特定联系方法发送的通知,请展开详情部分下的通信类型。

例如:预约、消息、健康和账单是各自独立的通信类型。您可以在每个分组通信类型中选 择您偏好的联系方法。

Contact Information Email firstlastname@email.com	Appointments Email, Text message, Push notification, Mail	^
Mobile phone 415-555-5555 Review contact information	Alerts and notifications about upcoming or past appointments.	
Settings	Text message 2 of 10 notifications turned on	
Email 30 of 37 notifications turned on	Push notification 5 of 5 notifications turned on	
Text message 14 of 38 notifications turned on	Phone Of 1 notifications turned on	
Push notification 32 of 33 notifications turned on	Mail Left patifications turned on	
Phone o of 1 notifications turned on	Advanced settings A	
Image: Mail 1 of 3 notifications cannot be turned off Image: After Visit Summary		
Update my preferences for communications I receive about others	Email	
To update how you receive communications about a specific person, switch to their record.	Q Text message	

4. 在展开的通信类型中,选择**高级设置**以查看和更新每个部分中接收特定通知的方式。

Communication Preferences		
ieneral Details		
Contact Information Email firstLastname@email.com Mobile phone 415-555-5555 Review contact information	Appointments * Email, Text message, Push notification, Mail * Alerts and notifications about upcoming or past appointments. * Email 8 of 9 notifications turned on	
Settings	Text message 2 of 10 notifications turned on	
30 of 37 notifications turned on	Push notification 5 of 5 notifications turned on	
14 of 38 notifications turned on	Phone O of 1 notifications turned on	
Push notification 32 of 33 notifications turned on	Mail 1 of 1 notifications turned on	
Phone O of 1 notifications turned on	Advanced settings 🗸	
Mail 1 of 3 notifications cannot be turned off	Messages	
✓ Update my preferences for communications I receive about others	Email, lext message, Push notification	
To update how you receive communications about a specific person, switch to their record.	Health	

例如:在展开的预约通信类型中,您可以选择通过电子邮件、短信或两者接收就诊后总结。 您还可以选择通过电子邮件、短信、电话或三者接收预约确认。如果您只希望通过一种联 系方法接收某种通信,请确保您的偏好方法是唯一开启的。

	Review contact information			
	Settings			
	\bowtie	Email 30 of 37 notifications turned on		
	Q	Text message 14 of 38 notifications turned on		
		Push notification 32 of 33 notifications turned on		
	S	Phone 0 of 1 notifications turned on		
	ഫ്	Mail 1 of 3 notifications cannot be turned off		
Update my preferences for communications I receive about others				
	To update how you receive communications about a specific person, switch to their record.			
Yo	You are subscribed to receive text messages. Manage your subscription			
	Save changes			

5. 完成偏好设置后,选择保存更改。

更多 →



如果我不再想接收来自UCSF Health的短信怎么办?

要退出接收来自UCSF Health的定期自动消息,随时发送"STOP"到48432,或在您的 MyChart账户的通信偏好中管理退出状态。

请注意,发送STOP将停止接收来自UCSF Health的所有短信。如果您希望继续接收某些类 型的短信,请在MyChart中更新您的通信偏好。

从MyChart菜单中,选择账户设置 > 通信偏好。选择管理短信订阅。

Manage Text	Subscriptions
H H	Mobile number Edit
	Message subscription Choose which text messages you would like to receive: Account, patient, and visit updates Messages will be sent from 48432 Text messages related to your relationship with UCSF Health, including updates related to your visits, UCSF MyChart account, one-time passcode, billing notifications, prescription reminders, and care management will be sent to phone number above. Message and data rates may apply. Message frequency may vary. For help text HELP and text STOP to opt out of notifications from a specific short code. Please review terms and conditions and privacy policy below. SMS Terms and Conditions [2] Privacy Policy [2] Return to communication preferences

在消息短信订阅页面,关闭开关。

需要帮助?

您可以致电UCSF MyChart客户服务,电话:(415) 514-6000, 全天24小时,每周7天。



想了解更多信息?

如需了解更多关于UCSF Health短信的信息、我们的条款和条件等,请访问 ucsfhealth.org/sms-terms.

