

UCSF HEADACHE CENTER

3 criteria for a fast-tracked migraine appointment

Managing migraine disorders can be challenging. Though you have many treatment and management options to choose from, finding the combination that produces significant results can take months or even years. Specialists at the UCSF Headache Center are here to help.

CRITERIA

To determine if a migraine patient qualifies for a fast-track appointment, follow this three-point checklist. If they do qualify, we can schedule that patient in two weeks or less.

1 HEADACHE HISTORY (BOTH CRITERIA MUST APPLY)

>3 months

>12 headache days per month

2 FAILURE OF THREE OR MORE PREVENTIVE STRATEGIES

Antidepressants

Botox injections

Anti-epilepsy medications

Calcitonin gene-related peptide (CGRP) antibodies

Antispasmodics

Calcium channel blockers

Beta-blockers

Nerve blocks

3 MEDICALLY AND NEUROLOGICALLY STABLE (ALL THREE CRITERIA MUST APPLY)

Electrocardiogram (ECG), comprehensive metabolic panel (CMP), complete blood count (CBC) and coagulation profile all normal, done within the past six months

Not taking daily opioids or barbiturates

Not currently under evaluation for acute neurological or psychiatric disease

HOW TO REFER

- Patient must meet all the criteria described above.
- Contact the UCSF Headache Center at (415) 353-8393.
- Your referral will receive priority, and an appointment may be made at the time of your contact.
- After treatment, the patient returns to the referring physician for follow-up care.

Patients will be seen at:

UCSF Headache Center
2330 Post St., Sixth Floor
San Francisco, CA 94115

Phone: (415) 353-8393 | **Fax:** (415) 353-9539
Hours: Monday to Friday, 9 a.m. to 5 p.m.

THE UCSF HEADACHE CENTER is fully accredited by the United Council for Neurologic Subspecialties. It is committed to improving the quality of life for the more than 1 million people in the San Francisco Bay Area who suffer from headaches. The center takes advantage of multidisciplinary teams and the latest treatment advances to provide both outpatient and inpatient treatment for a wide variety of headache conditions, including migraine, cluster headache, hemicrania continua, post-traumatic headaches, headaches due to abnormal intracranial pressure, trigeminal neuralgia and others.

www.ucsfhealth.org/headache

UCSF Weill Institute for
Neurosciences